



Columbia FiberArts Guild Newsletter

Volume 51 Number 3

APRIL 2020

LETTER FROM THE PRESIDENT



Greetings Fellow Columbia Fiber Artists

What sad and strange times we are living in. I hope you are all keeping safe and healthy and have really clean hands. Being kept at home means that we have more time for our studios and more time for our gardens and especially for me it means more time for mask making. Really helps me feel like I am doing my "bit" to help get through this. Reminds me of the "homeland Army" in World War I or the women coming into the workforce in the Second World War. Elsewhere in this

newsletter you will find information you may find useful if you want to start doing this - I know many of you are also already hard at work on these - thank you.

In other news: Your CFG board met yesterday and voted to cancel the onsite June Quarterly meeting and the June Program workshop. These decisions are not made lightly but our paramount concern is with the health and safety of members. We will return to normal schedule as soon as possible. In the meantime we are looking into the feasibility of doing it as a virtual meeting - stay tuned for more info on that...

Speaking of virtual meetings - Zoom is available for our small groups to use. CFG has a subscription that allows for more than the free 40 minutes. Call me for information n about how to set up a meeting. Two items about this: First, We found out that only one group can meet at a time so please make sure that you leave at least 30 minutes before and after your meeting for other scheduled meetings. This will allow others to get set up or finish up their groups, and Second, remember that this is to be used only for CFG business. It is not for person or family use. Thank you.

Here is what I am doing to keep my spirits up - let me know what you are doing:

1. Vitamin D - Working in my garden
2. Checking in with friend on the phone or Facetime. Calling to cheer them up seems to cheer me up as well
3. My favorite - Aromatherapy! No not incense or hot oil (COPD and Asthma) but Oatmeal cookies, banana bread and fresh baked bread. Can't help but feel good when you smell these

I look forward to getting back together and hugging each one of you soon. Until then, please take care of yourselves and each other.
Gloria

BOARD REPORTS

Please click on the blue links to review the latest meeting minutes and financial reports.

Meeting Minutes

March general membership meeting [March CFG General meeting](#)

April CFG board meeting [April CFG board meeting minutes](#)

Treasures Report

First Quarter 2020 report [1st Quarter report FY 2020](#)

March Report [March 2020 report](#)

WORKSHOP NEWS

June Workshop Cancelled

JUNE - Out of the Ordinary & Excitingly Exploratory

There are only two spaces open for Lisa Rich's workshop in June, where participants will create 2D and 3D forms using a new low melt synthetic polyester fiber called Fosshape. Her lecture will be about experimentation and creativity. Leisa Rich: www.monaleisa.com



June 11 - 12, 2020, 9AM - 5PM

\$200 + materials fee: \$50-60 (* in Materials List)

Class limited to 16 students

Class Location: St Rita Catholic Church, 10029 NE Prescott St, Portland 97220

If you have questions about your refund please contact

Laura Lehrhoff laura.lehrhoff@gmail.com

No Changes at this time for SEPTEMBER - Sampler Series - An Adventure in Felt Making, & Transition to Create Wearables - Art Vest or Scarf

Patti Barker will be the lecture at the September meeting and is giving a nuno felting workshop. Her lecture will be about her fiber journey. She creates beautiful, wearable clothing. There are still a few openings in her workshop. Patti Barker:

www.pattibarker.com



September 10 - 11, 2020, 9AM - 4PM

\$150 + materials fees: \$50 (Sampler Kit) on Day One plus \$30 (scarf kit) OR

\$60 (vest kit) on Day Two

Class limited to 16 students

Class Location: St Rita Catholic Church, 10029 NE Prescott St, Portland 97220

CFG CALENDAR OF EVENTS

NO JUNE QUARTERLY MEETING

Congregation Neveh Shalom

2900 SW Peaceful Lane, Portland, OR 97239

Guest Admission Fee: \$15 which may be applied to membership cost.

For more details, go to our website and find the calendar of events - [CFG Calendar](#)

DIRECTIONS FOR FU MASK MASK SUGGESTIONS

Fu Mask



The goal of our mask is to stop droplets. So you want to go for something that filters those out. Then again, you need to be able to breathe through your mask, so we want fabric that breathes, without letting droplets through. In addition, we want the inside to be comfortable on our skin. So here I'd suggest a cotton flannel. For the outer fabric, a tightly woven cotton, like a batik fabric or tea towel.

Note that fabric that is breathable is not the same as fabric you can breathe through. There's many so-called waterproof breathable fabrics - or MBFs - that are used for outdoor gear because they repel water and are breathable but would make a poor choice for a face mask. Look no further than your umbrella for an example. Chances are it's more from a fabric you can breathe through, but only with substantial effort, which would not work for our face mask.

- Basic sewing supplies
- About 15 cm (6") of a suitable fabric
- About 15 cm (6") of lining fabric
- About 56" of bias tape (or 1.5" strips of main fabric, folded in half, then folded in half again and stitched) cut in 4 equal parts OR 10 inches of ¼" elastic
- 7 inches of florist wire
- Main fabric
 - Cut 2 mask parts
 - Cut 4 strips for ties (if not using bias tape)
- Lining fabric
 - Cut 2 mask parts
 - For the complete directions click here.
 - [FU Directions](#)
- For template click here
- [mask template](#)

 **Mask Effectiveness**
Percent of <.3 microns filtered out

N-95 Surgical Mask	95%
	60-80%
Origami Vacuum Bag	60-87%
Quilting Fabric, 2 layer	70-79%
Furnace Filter, 2 layer	75%
Pillow Case, 600 ct, 4 layer	60%
Pillow Case, 600 ct, 2 layer	22%
Coffee Filters	40-50%
Wool Scarf, 4-layer	49%
Wool Scarf, 2-layer	21%
Cotton Bandana, 4 layer	20%
Cotton Bandana, 2 layer	18%
No face covering	0%

SOURCE: NEW YORK TIMES ARTICLE APRIL 5, 2020 CITING RESEARCH FROM MISSOURI UNIVERSITY, WAKE FOREST BAPTIST HEALTH, UNIVERSITY OF VIRGINIA

Downloadable patterns in 4 sizes: <https://www.craftpassion.com/face-mask-sewing-pattern/#face-mask-video>

Video of her making it: <https://www.youtube.com/watch?v=KBR98YKAr7w&feature=youtu.be>
(the comments on the video are super helpful too - many from medical professionals)

Combined with this info about what materials to use: What Are The Best Materials for Making DIY Masks? - Smart Air Filters



Don't forget you can use zoom to get together and share ideas and techniques.

Tips from new President-elect

Tips from your President Elect Cheri Jolivette:



This past several weeks I have been sewing gowns for Central City Concern. I have been pressing a lot of 1/2" seams. Normally I would be burning my finger holding fabric done to press. But some time ago I bought these Thermal Finger Guards- they come in a packet of 3- they fit all my fingers and thumbs and stick to your finger. I believe that I bought them at JoAnns. Also my cat approves of them as a play toy!!!

I made 27 2-yard gowns (from my stash!) for the staff to wear. These finger guards are very useful in mask making too.

HISTORIAN'S CORNER

Small Groups have been part of CFG since the 1970s. These groups began as a way to enrich members' knowledge outside quarterly meetings and were based on location - neighborhood groups, so to speak. Over time, these groups morphed from general to special interest groups. One group, Surface Design, began in 2007 because members were intrigued with the multiple ways fabric can be manipulated on the surface. Traditional manipulations, such as applique and embroidery, had multiple educational outlets and CFG members wanted to understand other surface techniques too. Today, this small group continues to share various guild members experiences via this monthly meeting format.

Cheri Jolivette, a founding Surface Design member and incoming President (2021), recalls learning how to manipulate fabric with watercolor paints, Lutrador, felt, and beads made out of paper. Cheri was the group leader for several years and just last year presented silk ribbon embroidery at Surface Design. Cheri enjoys the comradery and feels Surface Design enriches her personal projects. "I didn't know anything about painting fabric when I first joined, but now, when I want something a particular color that I don't have, I simply paint what I want - if a batik is blue and I want purple, I just paint over it."

Surface Design meets the first Wednesday, Sept. - Dec. and Feb. - May at 10:30 in the conference room at
Beaverton Mill Outlet, 4955 SW Western, Beaverton, Oregon.
For more information visit Columbia Fiberarts Guild - Who We Are

SPECIAL INTEREST GROUPS of CFG

Creative WEARABLES

CREATIVE WEARABLES

Our April 20th meeting on buttons will be rescheduled. Crossroads Community Church doubts that their room will be open, and our speaker, Lori Franz did not feel that a virtual meeting

would do buttons justice.

However, we do plan on having a virtual meeting on April 20th at 10am to check in and share instead of the scheduled speaker. If you want an invite to the Zoom gathering, and are not currently a member, contact Jane Wolfe at jwolfe@quantumleaders.com. The email invite will go out to all members during the week of April 13.



Jane Wolfe
jwolfe@quantumleaders.com

Our "Dare to Lead" style show has been postponed until November 14th along with Quiltfest Northwest.

Everyone is invited to stay in touch and share projects on our Facebook page at Creative Wearables.

In "normal" times, Creative Wearables meets the 3rd Monday, monthly Sept to June 10am-noon at Crossroads Community Church, 2505 NE 102nd Ave., Portland OR 97220. Go to south parking lot, grey building, food bank signage.

HIGH FIBER DIET

Journeys Coming Your Way

High Fiber Diet Friends - I have finally gotten started on a piece for Journeys. What about you? I have been thinking of ideas for months, and finally one surfaced that makes me smile. And it all began with a title. Does that ever happen for you? I am in sketch mode now and then the hunt for fabrics will begin. I expect this piece will involve fusing - a technique I don't often employ. Each artwork has to present a challenge right?

Hope you will all participate in this challenge. Entries will be open May 14 and close July 14.

Get to work!!!

Please direct questions to Jill at hoddick@up.edu

SURFACE DESIGN GROUP



Opportunity !

Surface Design meets the first Wednesday of each month except for December and January.

We are looking for CFG members who would like to present their work to us. We all have a different style, different voice, different technique, and we would love to see what your doing or what you've done. Please share with us 15 minutes, 30 minutes, 5 minutes. Your work needs not to be finished just needs a SURFACE.

We love to share in Surface Design. We enjoy a share and tell each month and then sometimes go out for lunch after. Inspiration is what we seek from each other.

Come join us,10:30, Mill Ends on Western Blvd. Beaverton. We are in a room on the right halfway through the store.

Months available to share are- March, April, May, September.

Come join us.

Contact Karin Graves at karinagraves2@frontier.com.

ANNOUNCEMENTS AND BRAGS



Laura Jaszowski "Kelp Forest".

Congratulations to 16 members of CFG who have been selected to participate in the SAQA Oregon Exhibit HABITAT. The opening in Bend has been cancelled. Sun Allen, Mary Arnold, Suzy Bates, Sharon Carvalho Gerry Congdon, Diane English, Noelle Evans, Patricia Fifer, Judith Quinn Garnett, Terry Grant, Laura Jaszowski Annette McFarlane, Karen Miller, Pamela Pilcher, Deborah Sorem, Carolyn Walwyn.

Conversation Project: What Does It Means to Be an American?

Alicia Decker and Ellen Knutson are partners in a socially engaged quilt project entitled "What Does it Mean to be an American?" They have invited interested CFG members to participate.

This project, facilitated through the organization, Oregon Humanities consists of community conversations with a diverse group of participants and an exhibition of a series of quilts and silkscreened work. Following is the project and exhibition description.

The United States is a culturally diverse nation with residents who trace their heritage across the globe--our diversity is projected to increase over the next several decades. Given the differences of race, ethnicity, place, religion, wealth, language, education, and ideology that exist in the US, [just]

what are the things that unite us as a nation? How do we understand what it means to be American and what we hold valuable? How do those notions differ depending on our lived experiences and amongst the current political climate?

Quilting is an American tradition that continues to narrate powerful ideas while creating community through the [very] nature of its practice.

A series of quilts and prints will be produced and exhibited. The exhibition will also draw from quilt patterns used during the Civil War era, a time in which our country felt divided and questioned what it meant to be [an] American. [For example,] the flying geese pattern is thought to be a symbol of freedom. The Library of Congress U.S. Patent Office has donated fabrics from their collection for this project.

Proposed Exhibit Works:

- The centerpiece is a King-Sized Quilted Tapestry incorporating words from all conversations across Oregon
- Five smaller quilted tapestries that highlight the five most repeated words through appliqué
- Quilt designed to highlight the duality of Positive and Negative words recorded during the conversations
- Silkscreen print of all words by location
- Interactive poster for people to add their own thoughts on what it means to be American

To date, there have been fifteen community conversations across Oregon, Alicia has completed two of the five quilts, and there are two confirmed exhibition venues. Decker and Knutson are still seeking further venues and setting up conversations and free quilt workshops.

If you are interested in participating in a group conversation and/or workshop, or know of someone who might be, here are some links:

Alicia Decker, who is a university educator and textile designer and our contact.

<https://aliludesign.com/>

Contact her via e-mail: alideckerdesign@gmail.com

Oregon Humanities <http://oregonhumanities.org/> and

<http://oregonhumanities.org/programs/conversation-project/>

FACEBOOK PAGE

CFG Facebook Group!

If you still haven't joined, and would like to, just click the following link: [Join CFG Membership on Facebook](#) and look for the button that says "join group", click and wait for approval, then start posting!

Remember this is a closed group and only paid members of CFG may join. Your posts will be seen only by members and cannot be shared outside the group page.

OTHER CLASSES AND EVENTS

Ongoing: Eugene Textile Center (ETC) offers a full slate of classes. To see the schedule, [click here](#)

Ongoing: Textile Learning Center at Mission Mill Museum, 1313 Mill St., Salem. Studios available for students and weavers. The facilities include various multiple harness looms, a surface design printing table, textile tools, and a resource library. Also offered are independent study programs in weaving, knitting, bobbin or tatted lace, and rug hooking. For information, [Click Here](#)

Ongoing: Gail Harker Creative Studies Center The center moved to LaConner, WA in September 2011 and offers certificate and diploma courses and short classes with masters in the textile arts. They now also offer online courses. For information, [Click Here](#) or [Email](#) or 360.279.2105

SIGN UP FOR AMAZONSMILE

CFG is now a member of the AmazonSmile program. This program allows 501 (c) (3) charities, of which we are one, to receive .5% of the purchase price on most items bought through Amazon. It is simple to do, and a great way to painlessly supplement our budget. In order to make it easier to

understand, click on this link smile.amazon.com/about to learn about how you can participate, and look for the AmazonSmile button that will take you directly to their shopping site. Use the Smile program every time you shop on Amazon! Click the image below to make CFG your charity of choice.



The Fine Print

Please send items for publication in the newsletter to: CFGNews or columbiafiberartsnews@gmail.com

The Columbia FiberArts Guild meets quarterly in March, June, September and December. No newsletter is published in those months. The newsletter is published seven times a year: October, November, January, February, April, May and a combined issue in July/August. Deadline for articles is around the 10th day of the month of publication.

2019-2020 Executive Board and Committee Chairs:

President: Gloria Richardson morninggloryq@gmail.com
President Elect: Cheri Jolivet Jolivetec@hope.edu
Secretary: Open
Treasurer: Joanne Carpenter jokittens@gmail.com
Past President: Paula Benjaminson paulabenjaminson@yahoo.com
Exhibits: Open
Historian: Lynn Deal ideallyspeaking@yahoo.com
Membership: Margaret Blake singsew@comcast.net
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Program: Laura Fendel jazzfens13@gmail.com
Laura Lehrhoff laura.lehrhoff@gmail.com
Program Elect: Karen Miller nautilusfiberarts@gmail.com
Publicity: Open
Webmaster: JudithQuinn cfgwebster@gmail.com

CFG Board Meetings

Meetings are held monthly on the first Monday when there is no quarterly meeting and are open to the membership to attend. Contact the President for more information.

Committees are: Exhibits, Historian, Membership, Newsletter, Outreach, Programs, Publicity and Webmaster

Minutes of meetings are posted in the CFG Newsletter.

Columbia FiberArtsGuild, P.O. Box 19645, Portland, OR 97280-0645

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